## To patients

Please remember your father and mother. If you don't know the younger

## generation, please remember

## What is Night Guard?

Night guards are the involuntary movements (sleeping) during sleep (mainly sleep plaxism) from the bite force to the teeth and prostheses. ) To protect the device (socket) (fittings, dentures), tooth (shi) peripheries (shoulders) tissues (soshiki), intermaxillary (gakkan) nodes (sets), etc. It is an intraoral device that is worn at night.

## Regarding the lower jaw (one sided type),

When a baby is born, he comes out from his mother's birth canal while practicing to drink his mother's boobs in order to live with a lower jaw movement. Being able to do high walks and to be able to do a strong walk will also help you balance and grow while grinding yourself. In this way, a device that keeps the mandibular movement (deflection) according to the definition of nature, night guard, sprint, apnea (mukoukyu) dental device. That seems to be the case. Early contact, lock, harder than natural teeth, implant, and unstable occlusal person (regardless of gender) Night guards are also required for sleep disorders, including age disorders.

You can understand how important the lower jaw position and the lower jaw movement are to maintain the balance throughout your life. :

It's a sequel.





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